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Lang Park PCYC Judo Club Newsletter.
AUGUST 2010.



Better late than never!

Use the club site – follow the links

Please keep up to date with what is happening at the Club and at Suncorp Stadium etc by following the Links on the website, and if you haven't already – join the Facebook Group.

www.judolangpark.org

Note: Newsletters, emails and website are where to get your info from – FaceBook is just for fun.

NSW INTERNATIONAL RESULTS/FEEDBACK/INFORMATION/GUFF/NONSENSE/ETC.

Fair is fair.....when we win a few medals I publish the results, so here are the results when we get flogged.

Gold – zero

Silver – zilch

Bronze – naught

Note: we provided transport, accommodation and entertainment for Silver medallist in Senior Men's u60kg, Markus Leib. If he flew down he probably would have got Gold. Sorry Markus.

Although no medals, there were lots of lessons learned by all including myself.

Caitlin: good effort considering lack of training prior to the event.

Andrew: me thinks he loves that duck too much. Each event is an improvement on the last.

Zac: big difference between local and state level comps. Good effort for time in the sport.

Daniel: next year will be a different story with more experience behind you.

Adam: good work as always.

Myles: deserves a medal for bravery entering the Mens Open as the only non-blackbelt monster man.

Oliver: competed well. Good to see you in Seniors too.

Jon: best bow on in the business. Brave effort when competing as well.

Gareth: played in a true international event – Ireland versus aussie Olympian, then samoan world titles competitor.

Juan: injuries still holding you back a bit..get fit! I want to see what you can really do.

Thanks heaps to bus drivers Mich, Perry and Gareth VB.

Special mention to Min for a great yoga session, and just showing interest and support in what we do. It was great to have you there with us all.

Markus Leib was also great to have around, and we appreciate your involvement.

Remember: what happens on tour stays on tour.

PCYC Membership and Training fees

Everyone who trains at the club must be a member of the Lang Park PCYC and pay to train.

See you on the mat. Rob Close.

GOLD COAST POLICE-CITIZENS YOUTH CLUB



JUDO CHAMPIONSHIPS



SUNDAY 29TH AUGUST 2010

Tournament Director: Wayne Matheson 0406533075

Junior weigh in 7:30am – 9:00am (Entry fee: \$10)

Senior weigh in 8:30am – 10:00am (Entry fee: \$12)

ALL COMPETITORS MUST BE JFA MEMBERS OR AFFILIATES

- Raffles
- Canteen & Bar-be-que
- Kata displays welcome
- Giveaways and merit awards for competitors

LOCATION:

Gold Coast Police & Citizens Youth Club 180 Monaco Street,
Broadbeach Waters, Gold Coast Phone: (07 55385201

Please contact Matt Kinstler on 0401481008 for assistance.
Email: mattvkinstler@yahoo.com.au

**WE WELCOME ALL CLUBS ATTEND FROM ALL OVER QUEENSLAND AND N.S.W...
SO PLEASE DON'T HESITATE TO CONTACT US FOR ASSISTANCE.**

ENTRY DETAILS

COMPETITOR NAME: _____

COMPETITOR PHONE NUMBER: _____

COMPETITOR EMAIL ADDRESS: _____

COMPETITOR DATE OF BIRTH: _____

COMPETITOR RANK/BELT: _____

JUDO CLUB NAME: _____

MEMBERSHIP DETAILS: _____

**ENTRIES OFFICIALLY CLOSE 5PM FRIDAY 14TH AUGUST
EARLY ENTRY APPLICATIONS WILL ENSURE A BETTER EVENT**