



Lang Park PCYC Judo Club Newsletter.
JAN/FEB 2011.



www.judolangpark.org visit your website for all the latest info.

PCYC Membership and Training fees

If you are not a current financial member of the Lang Park PCYC, please see the friendly folks at the front counter next time you visit the club.

Please do the right thing and keep your membership current and pay nightly for the Judo.

WEBSITE GALLERIES

We have some great images and video up on the website.....pretty much all is of our senior members.

I would like to get some of our juniors up there too!!!

Parents/Guardians can capture images of their own children and email them to me, thereby consenting to have those images loaded to the website.

Please email me your images.

JUNIOR CLASSES

As discussed we are re-focusing on the Juniors in 2011.

A plan has been written for the Juniors so that the Seniors and Coaches who will be rostered to instruct the Junior Class will all be singing from the same hymn book (so to speak).

There are some good new members at the club ranging in age and experience, so if you can get there every week it would be great.

JFAQ MEMBERSHIP

Duncan Hall of the Judo Federation of Qld will be at training this Wednesday night the 16th of Feb.

If your membership is due, or near due.....or, if you are wanting to join for the first time, please bring some money with you so you can join up on the night.

Visit the JFAQ website for the fees so you know how much to bring www.jfaq.com.au

SENIOR SOCIALISING SESSIONS

Some of our more social senior students have moved that we have a decent meal together after training on a regular basis where we can get to know each other off the mat a little better.

This Friday night February 18th will be the first of these nights.

Bring a change of duds and a towel, have a shower at the club after training and come with us to The Kookaburra Cafe for a bite.

The next night will be in a month from the first night and so on and so on and such etc.

UPCOMING COMPS FOR THOSE INTERESTED

Please keep yourself up to date with the when and where of comps by visiting the JFAQ Website.

You can also join the JFAQ Facebook group for regular information updates.

Once again www.jfaq.com.au

LOOKING FORWARD TO A GREAT YEAR OF JUDO WITH A GREAT GROUP OF PEOPLE!

See you on the mat. Rob Close.